

Curriculum Vitae

**Andres D. Ruiz**

WORK ADDRESS

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EDUCATION/TRAINING

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- 2008 – 2010      **Master of Science in Pharmacy**  
University of Texas at Austin; Austin, TX  
Committee Chair: Christopher R. Frei, PharmD, MSc, BCPS
- 2008 – 2010      **Community Pharmacy Residency**  
Oakdell Pharmacy, San Antonio, TX  
Program Director: Nathan Pope, PharmD  
Site Supervisor: Jeff Carson, BS Pharm  
Research Supervisor: Christopher R. Frei, PharmD, MSc, BCPS
- 2004 – 2008      **Doctor of Pharmacy**  
The University of Texas at Austin; Austin, TX & The University of  
Texas Health Science Center at San Antonio; San Antonio, TX
- 2002 – 2004      **Pre-Pharmacy Coursework**  
The University of Texas; Austin, TX

ACADEMIC POSITIONS HELD

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- 2014 – *present*      Adjunct Assistant Professor  
Midwestern University College of Pharmacy, Glendale, AZ
- 2010 – *present*      Adjunct Assistant Professor  
The University of Texas at Austin College of Pharmacy, Austin, TX
- 2008 – *present*      Clinical Assistant Professor  
The University of Texas Health Science Center at San Antonio,  
Pharmacotherapy Education & Research Center School of Medicine,  
San Antonio, TX
- 2008 – 2010      Practitioner Faculty Member  
The University of Texas at Austin College of Pharmacy, Austin, TX
- 2008 – *present*      Practitioner Faculty Member  
Incarnate Word University Feik School of Pharmacy, Austin, TX

PROFESSIONAL EMPLOYMENT

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- 2014– *present*      COO/Pharmacist/Partner  
Stonegate Pharmacy at The Village, LLC  
Responsibilities: Oversee pharmacy operations, regulatory issues  
management, personnel management, specialty pharmacy (non-  
commercially available product preparation), development of  
consultant services, development of research, and development of  
wellness activities.

- 2012– present* COO/Pharmacist/Partner  
Stonegate Pharmacy, LP
- Responsibilities: Oversee pharmacy operations, regulatory issues management, personnel management, specialty pharmacy (non-commercially available product preparation), development of consultant services, development of research, and development of wellness activities.
- 2011 – present* Pharmacy Director and Pharmacist-In-Charge  
Texas Compounding Pharmacy, LLC
- Responsibilities: Oversee pharmacy operations, regulatory issues management, personnel management, specialty pharmacy (non-commercially available product preparation), development of consultant services, development of research, and development of wellness activities.
- 2010 – 2011* Wellness Director  
Oakdell Pharmacy, Inc.
- Responsibilities: personnel management, bio-identical hormone replacement therapy consults, routine and travel vaccinations, nutritional support, comprehensive medication management consults, and director of research.
- 2010 – 2011* Pharmacist-In-Charge  
Home Intensive Care Pharmacy, Oakdell Pharmacy, Inc.
- Responsibilities: personnel management, home infusion, specialty pharmacy (non-commercially available product preparation), and regulatory issues management.

#### PROFESSIONAL SERVICE

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- 2014 – present* Fellow-American College of Apothecaries
- 2014 – present* Board Member-International Academy of Compounding Pharmacists
- 2013 – present* Board Member-International Academy of Compounding Pharmacists Foundation
- 2010 – present* Chair-International Academy of Compounding Pharmacists Research Foundation  
International Academy of Compounding Pharmacists Foundation
- Responsibilities: oversee funding of research proposals, management of funded research proposals, and research direction.

#### THESIS WORK

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- June 2010* “Bioidentical Hormone Replacement Therapy: Evaluating the Safety and Effectiveness” University of Texas at Austin and University of Texas Health Science Center at San Antonio  
Thesis Committee Members:  
Christopher R. Frei, PharmD, MSc, BCPS  
Jamie Barner, Ph.D.  
Jeff Carson, B.S. Pharm.

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PHARMACY EXPERIENCE: COMMUNITY PHARMACY RESIDENCY

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*July 08 – June 10*

**Research**

- Responsibilities: Develop research related to community pharmacy (pharmacist vaccination status, hormone replacement therapy, and effectiveness of a community pharmacy based influenza treatment program), IRB submissions, database development, manuscript writing, creating research posters, poster presentations, project management, teaching assistant, advanced pharmacotherapy seminars, and pharmacotherapy rounds.

Supervisor: Christopher R. Frei, PharmD, MSc, BCPS  
University of Texas Health Science Center at San Antonio

*July 08 – June 10*

**Wellness Director**

- Responsibilities: personnel management, bio-Identical hormone replacement therapy consults, routine and travel vaccinations, nutritional support, comprehensive medication management consults, and director of research.

Supervisor: Jeff Carson, BS Pharm  
Oakdell Pharmacy Inc.

*July 08 – June 10*

**Traditional Pharmacy and Compounding Pharmacy**

- Responsibilities: personnel management, workflow management, order intake, prescription processing, medication dispensing, and compounding (sterile and non-sterile).

Supervisor: Paul Gibbs, BS Pharm  
Oakdell Pharmacy Inc.

*July 08 – June 10*

**Home Infusion Pharmacy**

- Responsibilities: personnel management, workflow management, order intake, prescription processing, dispensing of medication, sterile compounding, and inventory.

Supervisor: Jeff Carson, BS Pharm  
Oakdell Pharmacy Inc.

*July 08 – June 10*

**Long Term Care**

- Responsibilities: personnel management, workflow management, order intake, prescription processing, dispensing of medication, compounding (sterile and non-sterile), and inventory.

Supervisor: Jeff Carson, BS Pharm  
Oakdell Pharmacy Inc.

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PHARMACY EXPERIENCE: MASTERS OF SCIENCE COURSEWORK

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*Fall 09-  
Summer 10*

**Thesis**

Christopher R. Frei, PharmD, MSc, BCPS

*Fall 09*

**Molecular and Pharmacological Basis of Therapeutics**

Y.W. Francis Lam, PharmD

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|---------------------------------|--|
| <i>Spring 09</i>                | <b>Clinical Research Methods II</b><br>David S. Burgess, PharmD, FCCP                  |
| <i>Spring 09</i>                | <b>Advanced Pharmacotherapy Lab Research</b><br>Christopher R. Frei, PharmD, MSc, BCPS |
| <i>Spring 09</i>                | <b>Statistics in Translational Science</b><br>Christopher R. Frei, PharmD, MSc, BCPS   |
| <i>Summer 09</i>                | <b>Database Design and Management</b><br>Christopher R. Frei, PharmD, MSc, BCPS        |
| <i>Fall 08</i>                  | <b>Clinical Research Methods I</b><br>David S. Burgess, PharmD, FCCP                   |
| <i>Fall 08</i>                  | <b>Supervised Teaching in Pharmacy</b><br>John G. Kuhn, PharmD, FCCP, BCOP             |
| <i>Fall 08</i>                  | <b>Pharmacotherapy Master's Mentorship</b><br>Christopher R. Frei, PharmD, MSc, BCPS   |
| <i>Fall 08-<br/>Spring 10</i>   | <b>Advanced Pharmacotherapy Seminar</b><br>Laurajo Ryan, PharmD, MSc, BCPS, CDE        |
| <i>Fall 08-<br/>Spring 10</i>   | <b>Seminar in Pharmacotherapy: Advanced Topics</b><br>Nathan P. Wiederhold PharmD, MSc |
| <i>Summer 08-<br/>Fall 2009</i> | <b>Pharmacotherapy Master's Mentorship</b><br>Christopher R. Frei, PharmD, MSc, BCPS   |
| <i>Summer 08</i>                | <b>Ethics in Science and Clinical Practice</b><br>Jim Koeller, MS                      |

#### ACADEMIC TEACHING EXPERIENCE

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| <i>Summer 14</i> | Introduction to Botanicals and Nutraceuticals: Supplements: Venus to third year pharmacy students<br>Pharmacy PHR292G: The University of Texas at Austin College of Pharmacy  |
| <i>Summer 14</i> | Introduction to Botanicals and Nutraceuticals: Supplements: Mars to third year pharmacy students<br>Pharmacy PHR292G: The University of Texas at Austin College of Pharmacy   |
| <i>Spring 14</i> | Advanced Contemporary Compounding: Bioidentical Hormone Replacement Therapy: What's Most Effective Presented to third-year pharmacy students<br>Pharmacy PHR256R: The University of Texas at Austin College of Pharmacy |
| <i>Spring 14</i> | Advanced Contemporary Compounding: Men's Health: Testosterone Replacement Presented to third-year pharmacy students<br>Pharmacy PHR256R: The University of Texas at Austin College of Pharmacy                          |

- Fall 13* Introduction to Botanicals and Nutraceuticals: Supplements: Mars to third year pharmacy students  
Pharmacy PHR292G: The University of Texas at Austin College of Pharmacy
- Fall 13* Introduction to Botanicals and Nutraceuticals: Supplements: Venus to third year pharmacy students  
Pharmacy PHR292G: The University of Texas at Austin College of Pharmacy
- Spring 10* Pharmacotherapy Lecture: Epidemiology/Treatment of Thyroid Dysfunction Spring 2009 Presented to second-year pharmacy students  
Pharmacotherapy IIC PHR375G: Endocrine Modules  
The University of Texas at Austin College of Pharmacy
- Spring 10* Patient Assessment Laboratory: Eye Examination and Final Assessment Facilitated third-year pharmacy students  
Patient Assessment PHR392S  
The University of Texas at Austin College of Pharmacy  
The University of Texas Health Science Center at San Antonio
- Spring 09* Patient Assessment Laboratory: Injections and Final Assessment Facilitated third-year pharmacy students  
Patient Assessment PHR392S  
The University of Texas at Austin College of Pharmacy  
The University of Texas Health Science Center at San Antonio
- Spring 09* Patient Assessment Laboratory: Eye Examination and Final Assessment Facilitated third-year pharmacy students  
Patient Assessment PHR392S  
The University of Texas at Austin College of Pharmacy  
The University of Texas Health Science Center at San Antonio
- Spring 09* Advanced Pharmacotherapy Laboratory: Weekly Lab Facilitation Facilitated third-year pharmacy students Advanced Pharmacotherapy Laboratory PHR296P  
The University of Texas at Austin College of Pharmacy  
The University of Texas Health Science Center at San Antonio
- June 08 – Jun 10* Discussion sessions with pharmacy students during community pharmacy rotation  
San Antonio, Texas

## PRESENTATIONS

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- Sep 2014* Texas Nurse Practitioner 29<sup>th</sup> Annual Conference “Hormone Replacement for Men” Presented to Nurse Practitioners. San Antonio, Texas
- Sep 2014* Texas Nurse Practitioner 29<sup>th</sup> Annual Conference “Utilization of Topical Pain Creams” Presented to Nurse Practitioners. San Antonio, Texas
- Sep 2014* Texas Nurse Practitioner 29<sup>th</sup> Annual Conference “Utilizing BHRT and How to Monitor” Presented to Nurse Practitioners. San Antonio, Texas

- Aug 2014* ACA Wellness - What's Happening Conference "Opiates and Hormone Imbalances: Treatment with Compounded Hormones" Presented to Pharmacist. Tulsa, Oklahoma
- May 2014* Texas Pain Society "Opiates and Hormone Imbalances: Treatment with Compounded Hormones" Presented to Physicians. Tulsa, Oklahoma
- Apr 2014* Texas Nurse Practitioner Annual Primary Care & Pharmacology Conference "Compounding Medications" Presented to Nurse Practitioners. San Antonio, Texas
- Feb 2014* IACP/ACA Educational Conference "Bioidentical Hormone Replacement Therapy: What's Most Effective?" Presented to Pharmacist and Physicians. Fort Lauderdale, Florida
- May 2010* Advanced pharmacotherapy seminar "Bone and Joint Disorders" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Mar 2010* Pharmacotherapy Rounds "Bioidentical Hormone Therapy: Distinguishing the Undistinguishable" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Oct 2009* Advanced pharmacotherapy seminar "Chronic Renal Disease" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Mar 2009-  
May 2011* *Monthly:* Patient Education "Bio-Identical Hormone Replacement Therapy (BHRT)" Presented to pharmacists, and patients. San Antonio, Texas
- Feb 2009* Advanced pharmacotherapy seminar "Adrenal and Pituitary Disorders" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Feb 2009* Pharmacotherapy Rounds "Influenza and Pneumococcal Vaccination: A Role for Community Pharmacists to Improve Public Health" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Oct 2008* Advanced pharmacotherapy seminar "Community Acquired Pneumonia" Presented to pharmacy students, pharmacy residents, and faculty. San Antonio, Texas
- Mar 2008* Case Presentation "Treatment of Vertebral Osteomyelitis in Adults" Presented to pharmacy students and preceptors on Adult Medicine rotation. San Antonio, Texas
- Mar 2008* Journal Club Presentation "Hydrocortisone Therapy for Patients with Septic Shock" Sprung CL, Annane DA, Keh D, et al. *NEJM*. 2008; 358(2):111-124. Presented to Pharmacy students and preceptors on Adult Medicine rotation. San Antonio, Texas

- Dec 2007* Case Presentation “Treatment of Clozapine Refractory Schizophrenia and Schizoaffective Disorder” Presented to pharmacy students and preceptors on Acute Care Psychiatry rotation. San Antonio, Texas.
- Nov 2007* Journal Club Presentation “Cost-Benefit Analysis of Second-Generation Antipsychotics and Placebo in a Randomized Trial of the Treatment of Psychosis and Aggression in Alzheimer Disease.” Rosenheck RA, et al. *Archives of General Psychiatry*. 2007; 64(11):1259-68. Presented to pharmacy students and preceptors on Acute Care Psychiatry rotation. San Antonio, Texas.
- Apr 2007* Acute Treatment of Migraines: Algorithm. Presented to pharmacy students and residents in pharmacotherapy lab. San Antonio, Texas.
- Mar 2007* Exubera® (Insulin) Drug Monograph. Presented to pharmacy students and residents in pharmacotherapy lab. San Antonio, Texas.
- Feb 2007* Journal Club Presentation “Posaconazole or Fluconazole for Prophylaxis in Severe Graft-versus-Host Disease.” Ullmann AJ, Lipton JH, Vesole DH, et al. *NEJM*. 2007; 356(4):335-47. Presented to pharmacy students and residents in pharmacotherapy lab. SA, Texas.

## PUBLICATIONS

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### *Original Research*

- Jan 2014* **Ruiz AD**, Daniels KR. The Effectiveness of Sublingual and Topical Compounded Bioidentical Hormone Replacement Therapy in Post-Menopausal women: an observational cohort study. *IJPC* 2014; 18(1): 70-77.
- June 2011* **Ruiz AD**, Daniels KR, Barner JC, Carson JJ, Frei CR. Effectiveness of compounded bioidentical hormone replacement therapy: an observational cohort study. *BMC Women's Health*. 2011 Jun 8;11(1):27.
- July 2010* **Andres D. Ruiz**, Christopher R. Frei, Jamie C. Barner, John J. Carson, Christine U. Oramasionwu, Jessica L. Ruiz, Kelly R. Daniels, John F. Mohr, and Michael E. Klepser. Influenza vaccination rates among pharmacists. *Journal the American Pharmacists Association*. 2010; 50(4):517-22.
- Apr 2009* Frei CR, Jaso TC, Mortensen EM, Restrepo MI, Raut MK, Oramasionwu CU, **Ruiz AD**, Makos BR, Ruiz JL, Attridge RT, Mody SH, Fisher A, Schein JR. Medical resource utilization among community-acquired pneumonia patients initially treated with levofloxacin 750 mg daily versus ceftriaxone 1000 mg plus azithromycin 500 mg daily: a US-based study. *Current Medical Research and Opinion* 2009;25:859-68

### *Review Articles and Commentaries*

- June 2011* **Ruiz AD**, Daniels KD, Barner JC, Carson JJ, Frei CR. Impact of conventional and bioidentical hormone replacement therapy on cardiovascular and breast health. *IJPC* 2011;15(4): 290-300.

POSTER PRESENTATIONS

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- Mar 2011* Kelly Daniels, **Andres Ruiz**, Jeff Carson, Christopher Frei. "Effectiveness of Compounded Sublingual Bioidentical Hormone Replacement Therapy (BHRT) in Post-menopausal Women". (Journal of the American Pharmacists Association 2011). American Pharmacists Association Annual Meeting and Exposition, Seattle, WA, Mar. '11.
- Mar 2011* **Andres Ruiz**, Kelly Daniels, Jeff Carson, Jamie Barner, Christopher Frei. "Evaluating the Effectiveness and Safety of Compounded Bioidentical Hormone Replacement Therapy in Postmenopausal Woman". (Journal of the American Pharmacists Association 2011). American Pharmacists Association Annual Meeting and Exposition, Seattle, WA, Mar. '11.
- Mar 2010* **Andres Ruiz**, Kelly Daniels, Jeff Carson, Rajesh Peddaiahgari, Kyllie Ryan-Hummel, Christopher Frei. "Bio-Identical Hormone Replacement Therapy: A Epidemiological Study in Six Community Pharmacies". (Journal of the American Pharmacists Association 2010; 50 (2): A443). American Pharmacists Association Annual Meeting and Exposition, San Antonio, TX, Mar. '10.
- Apr 2009* **Ruiz A**, Oramasionwu C, Barner J, Carson J, Mohr J, Klepser M, Frei C) "Vaccination rates among pharmacists." (Journal of the American Pharmacists Association 2009;49:259-260). American Pharmacists Association Annual Meeting and Exposition, SA, TX, Apr. '09.
- Dec 2008* Frei CR, Jaso TC, Mortensen EM, Restrepo MI, Raut MK, Oramasionwu CU, **Ruiz AD**, Makos BR, Ruiz JL, Attridge RT, Mody S, Fisher A, Schein JR) "Medical resource utilization among community-acquired pneumonia patients empirically treated with levofloxacin 750mg daily vs. ceftriaxone 1g plus azithromycin 500mg daily." American Society of Health-System Pharmacists Midyear Clinical Meeting, Orlando, FL, Dec. '08.
- Oct 2008* Frei CR, Jaso TC, Oramasionwu CU, Mortensen EM, Restrepo MI, Raut MK, **Ruiz AD**, Jimenez JL, Makos BR, Fisher AC, Schein JR) "Evidence to support guideline-concordant (GC) antibiotics from the 2007 IDSA/ATS guidelines for community-acquired pneumonia (CAP)." 48th Annual Interscience Conference on Antimicrobial Agents and Chemotherapy /46th Annual International Meeting of the Infectious Diseases Society of America, Washington, DC, Oct. '08.
- June 2008* Frei CR, Jaso TC, Oramasionwu CU, Mortensen EM, Restrepo MI, **Ruiz AD**, Jimenez JL, Sikirica V, Raut M, Schein J) "Comparison of levofloxacin 750mg daily vs. ceftriaxone 1g plus azithromycin 500mg daily for the empiric treatment of hospitalized community-acquired pneumonia (CAP) patients." American Society of Health-System Pharmacists Summer Meeting and Exhibition, Seattle, WA, June '08.  
\*\* Special recognition, 3rd place

- May 2008* **Andres D. Ruiz**, Christopher R. Frei, Monica Miller, Jessica Jimenez, Jim Koeller. Cost Effectiveness of clindamycin vs. vancomycin for hospitalized patients with community-associated methicillin-resistant *Staphylococcus aureus* (CA-MRSA) skin and skin structure infections (SSSI). 11<sup>th</sup> Annual MAD-ID (Making a Difference in Infectious Diseases Pharmacotherapy), Orlando, FL, May 10, 2008
- December 2007* Soun J, Oramasionwu CU, Restrepo MI, Mortensen EM, **Ruiz AD**, Jimenez JL, Castellanos-Mateus P, Seltzer JK, Talbert RL, Frei CR. Five-year investigation of pharmacoepidemiology among patients with community-acquired (CAP), healthcare-associated (HCAP), hospital-acquired (HAP), and ventilator-associated pneumonia (VAP). American Society of Health-System Pharmacists Midyear Clinical Meeting, Las Vegas, NV, December 2007.
- Oct 2007* Christine U. Oramasionwu, **Andres Ruiz**, Christopher R. Frei. Antifungal Prescribing and Associated Health Outcomes Among Institutionalized Patients. American College of Clinical Pharmacy Annual Meeting, Denver, CO, October 14, 2007.
- Oct 2007* C. R. Frei, M. L. Miller, Y. Yu, **A. D. Ruiz**; Clindamycin vs. Vancomycin for the Treatment of Patients with Community Acquired Methicillin-Resistant *Staphylococcus aureus* (CA-MRSA) Skin and Skin Structure Infections (SSSI). 45h Annual Meeting of the Infectious Diseases Society of America, San Francisco, CA, October 4, 2007.
- Apr 2007* **Andres Ruiz**, Joey Malsky, Armando Salinas, Regina E. Maldve “Cocaine-and Amphetamine-Regulated Transcript MRNA and Peptide Expression Increase in the Nucleus Accumbens via Ethanol Administration” Celebrating Research Achievements Day. Austin TX April 16, 2006

#### Professional Affiliations

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- Feb 14 – Present* American College of Apothecaries
- Jan 12 – Present* Alliance of Independent Pharmacist
- Oct 10 – Present* International Academy of Compounding Pharmacists
- Oct 09 – Present* Texas Pharmacy Association
- Aug 08 – Present* American Pharmacist Association
- Aug 08 – Present* National Community Pharmacist Association
- Aug 08 – Aug 09* The Society of Infectious Diseases Pharmacists
- Jul 08 – July 09* The American Society for Microbiology
- Aug 07 – Aug 09* American College of Clinical Pharmacy
- Aug 07 – Aug 09* American Society of Health System Pharmacists
- Aug 07 – Aug 09* Texas Society of Health System Pharmacists

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| <i>Aug 06 – May 07</i> | National Community Pharmacist Association                       |
| <i>Aug 04 – May 05</i> | The University of Texas Academy of Student Pharmacists          |
| <i>Aug 04 – May 05</i> | American Pharmacists Association Academy of Student Pharmacists |
| <i>Jan 04 – May 04</i> | Mexican American Health Professions Organization                |
| <i>Aug 02 – Dec 03</i> | Longhorn Pre-Pharmacy Association                               |

#### VOLUNTEER ACTIVITIES

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|------------------------|---|
| <i>March 2007</i>      | Christian Medical and Dental Association Mission Trip |
| <i>March 2006</i>      | Explore UT  |
| <i>Sep 03 – Dec 03</i> | Zavala Elementary tutor                               |
| <i>April 2005</i>      | Pharmacy Phollies                                     |
| <i>March 2005</i>      | Explore UT  |
| <i>Jan 98 – May 03</i> | National Hispanic Institute                           |

#### PROFESSIONAL LICENSURE & CERTIFICATIONS

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|----------------------------|---|
| <i>Spring 2010</i>         | Medication Therapy Management Instructor Certified through APhA/UT-Austin |
| <i>Spring 2010</i>         | Medication Therapy Management Certified through APhA                      |
| <i>2008 – Present</i>      | Registered Pharmacist<br>Texas License #46177                             |
| <i>Fall 2006</i>           | Immunization Certified through APhA                                       |
| <i>Fall 2006 – Present</i> | American Heart Association Basic Life Support Certified                   |
| <i>Summer 2006</i>         | IV Sterile Products and Admixture Certified                               |